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By Wade McGauley

Balboa Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Wade McGauley has always considered himself an ordinary guy. Within his own unique journey through life, he has gained wisdom from observing people, witnessing events, and appreciating that we all face many of the same challenges. Through it all, McGauley has come to realize that each of us has a precious human life and it is how we deal with each challenge that counts. In his collection of observations of human behavior and daily living, McGauley shares practical advice tailored to encourage others to embrace each day, face fears, and demonstrate kindness and love to those around them. McGauley explores the aging process while suggesting we reassess what is important in life, examines the effects of deep breathing to instigate a calm demeanor, and relies on musical lyrics as he delves into the negative consequences of gossip. While inspiring others to rethink their place in life, McGauley includes favorite quotes accompanied by his own thoughts about such life-impacting subjects as inner-strength, insecurities, jealousy, pain, gratitude, love, mindfulness, and letting go. How Many Summers? shares wisdom, quotes, and lyrics that will inspire...



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-- Zachery Mertz

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