



Conquer Thyself: Everything I Need to Remember to Maintain Total Well-Being (Paperback)

By D a Metrov

Createspace Independent Publishing Platform, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Join America s Health Revolution-Take Back Your Wellness! The information in my book can help you achieve maximum health, lose weight, get stronger, manage stress, and have a more youthful appearance. It could seriously even save your life! It saved mine, without a doubt. You will learn the most up-to-date health guidelines to be found anywhere in the world, all from a concise, easy-to-read handbook. The cancer I had was so rare, so aggressive, it killed the other men who d had it before me within months, sometimes weeks. I should be dead, but I m now healthier than ever and want to share what I ve learned. My knowledge is not meant as a substitute for traditional medical care, but rather a compliment. I m not the only person on the planet using this system. Tens of thousands are learning it daily. There is a Health Revolution going on, and this is your chance to get in on it. The methods I share are so simple, there s no reason to wait another day to start living a healthy life...



Reviews

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