



## Egyptian Recipes: Mouthwatering and Low Budget Egyptian Recipes from the Old Country (Paperback)

By Sarah Sophia

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Egyptian Recipes The Essential Kitchen Series, Book 110 Mouthwatering, Low Budget Egyptian Recipes From the Old Country The cooking secrets of the Middle East are unearthed in the pages of this remarkable collection of Egyptian Recipes. Each recipe embraces lean cuts of meat, fish, seafood and poultry, as well as whole grains. Today, our bodies are bombarded with high-calorie, processed foods that lose their flavor on the way to your table. Eliminate that by cooking natural ingredients that are blended and seasoned to perfection as described in Egyptian Recipes. Eat for Life and Expand Your Culinary Horizons We ve rounded up on the very best, most delicious Egyptian recipes from the hundreds we had to choose from, and came up with a fantastic collection of flavorful meals. The recipes are easy to follow and straightforward to satisfy any homemade chef s skill level. Simply follow the instructions, using fresh ingredients, and serve a wonderful meal that is sure to please. Here s just a sample of the recipes you ll enjoy: Egyptian Rawani Cake Egyptian Rice Recipe Spicy Egyptian...



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