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## Zoo Zen, Count to Ten: A Yoga Story for Kids (Hardback)

By Kristen Fischer

SOUNDS TRUE INC, United States, 2017. Hardback. Condition: New. Susi Schaefer (illustrator). Language: English . Brand New Book. You Can Count on Animals to Make Yoga Fun! What could be more fun for kids than to hop like a frog, slither like a snake, and roar like a lion--all while learning an empowering, healthy life skill? Zoo Zen: A Yoga Story for Kids is a delightful pose-along adventure for children ages four to eight. Young readers will join our heroine Lyla as she learns ten yoga poses from her friends at the zoo, receiving helpful tips along the way from each animal she encounters. Using rhyming and counting to make memorization easier, here is an imaginative book that combines the benefits of yoga with kids natural love for animals to create a magical learning journey that parents and kids can enjoy together. Ages 4-8.



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